



# Single Station<sup>SM</sup> Health Screenings



## Take Your Wellness Program to a Higher Level

Not all wellness programs are equal. Summit Health's Single Station<sup>SM</sup> health screening programs ensure a high quality, confidential, experience that will educate employees and safeguard their personal health information. The result is employees who are more empowered to make the lifestyle changes to improve their health, and an increased Return on Investment (ROI) for the employer.

In the traditional multiple station or "buffet line" health screening event, employees are herded like cattle from station to station (finger stick to blood pressure to Body Mass Index (BMI) to counseling and out the door). And at each station they wait in lines and fill out forms, run back to an earlier station to retrieve test results, then wait in another line.

This can be chaotic, noisy, impersonal and reduces the opportunity of 'Teaching Moments' which incorporate the health education, questions and health coaching that impact the required lifestyle modifications.

### The Single Station<sup>SM</sup> Difference: The Optimal Participant Experience

With Summit Health's Single Station<sup>SM</sup> health screening model, the employee meets quietly and privately "one-on-one" with a medical professional at one station for approximately 15 minutes. The medical professional performs all screening tests while establishing trust and rapport with the employee. The entire 15-minute session is now available for questions and coaching, providing much more value than the 2-3 minute coaching in the old "buffet line" screening.

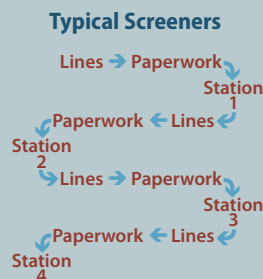
This time together generates high employee satisfaction and significantly reduces the risk of individual test results being seen or overheard by others waiting in line. The Single Station<sup>SM</sup> preserves employee privacy and confidentiality. The employee leaves with lifestyle recommendations and an educational counseling brochure capturing the program and their results.

Our unique Single Station<sup>SM</sup> model is the cornerstone of this improved participant experience. This model is enhanced by an online appointment system that eliminates wait times, bar code technologies that reduce the tedium of filling out multiple forms, and a secure web site to access screening test results.

The benefit? An increased wellness program ROI and happier employees, who are more likely to participate in future health and wellness initiatives.

### The Clear Choice

Your employee's time is valuable, make their health screening fast and easy.



### Summit Health Single Station<sup>SM</sup> Health Screening



### Summit Health The Pinnacle of On-Site Screening Providers. Any Zip Code. Any Size Company.

Founded in 1999, Summit Health is the nation's highest rated provider of on-site wellness programs, including health screenings, immunizations, coaching, and educational seminars. Call us at 248.416.1602 to discuss how we can help take your wellness initiative to a higher level. Visit [www.summithealth.com](http://www.summithealth.com) for details on our wellness programs.

### On-Site Health Screening Offerings

- Healthy Heart Packages
- Cholesterol
- Diabetes
- Blood Pressure & Pulse Rate
- Body Mass Index (BMI)
- Body Composition
- Waist to Hip Ratio
- Bone Density
- Therapeutic Massage
- Skin Condition
- Eye Test
- Pulmonary Assessment/ COPD
- Fitness Assessment
- Cotinine (Nicotine)
- 1,000+ Additional Lab Tests

### Health Screening Components

- Program Design & Management
- Program Promotion
- Screening Appointments
- Consent Forms with Participant Barcode
- Coaching
- Counseling Brochure with Results
- Medical Referral Process
- Data Collection & Analysis
- Claims reimbursement
- Client Reports
- Electronic Upload of Biometric Data
- Small Site Options